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Services	Name of Organization	Description of Services	Address	City/Town	County	Zip Code	Phone	Fax	Website	Contact Person	E-mail
Arts	Civic Center of Greater Des Moines	The Civic Center offers educational shows for students through the Applause Program and will be presenting a family series in the 2009-2010 seasons. The Civic Center's affordable education program offers diverse entertainment and learning opportunities for students, teachers and families.	221 Walnut St.	Des Moines	Polk	50309	515-246-2357	515-246- 2305	www.civiccenter.or	Eric Olmscheid or Lucy Suvalsky 515- 246-2356	EOlmscheid@civic center.org
Arts	Gateway Dance Theatre	Dancing, performing arts and fine arts.	315 East 5th Street	Des Moines	Polk	50309	515-283-8383 or 515-282-8696		www.gatewaydano	Penny Furgerson (founder and artistic director)	gatewaydance@g mail.com
Arts	The Great Frame	Picture framing, frames, art, posters, prints, flags, sports, gifts, military, weddings, frames for special occasions, local artists.	5515 Mills Civic Parkway Ste # 150	West Des Moines	Polk	50266	515-226-2310	515-226- 2311	www.westdesmoin es.thegreatframeu p.com	Angela Williams	westdesmoines@t hegreatframeup.c om
Arts	Latino Resources, Inc. Latino Heritage Festival	Provide a family oriented event filled with traditional foods, music, song, dance, arts, and crafts. Celebrate the uniqueness of the countries from North, South, Central America, the Caribbean and Europe. Showcase performers, artist, and craftsmen from the Midwest. Teach youth about the Latino culture and diversity appreciation through a variety of cultural exhibits and activities.	P.O. Box 12163	Des Moines	Polk	50311	515-279-0715		www.latinoheritag	JoAnn Mackey	joannm@latinoher itagefestival.org
Arts	Creating Great Places	Help organize migrant welcome services each fall in Coon Rapids and are interested in attracting Latino artists.	401 5th Ave South	Coon Rapids	Guthrie	50058	712-999-7031 or cell: 712-210- 4327		www.creatinggreat	Rachel Garst	rachelg@creatingg reatplaces.org
Child Care Provider	Child Care Resource and Referral of Central lowa	Parent Services: Provider referrals to child care and consumer education on how to choose child care. Provider Services: Connect Latino child care providers with CCR&R services including technical assistance in becoming registered, interpretation during on site consultation with a Child Care Home Consultant, training in Spanish, and monthly Latino Provider Group meetings.	808 5th Ave	Des Moines	Polk	50309	515-246-3565 or 515-246-3566	515-246- 3570	www.centraliowac	Maria Gonzalez Parent and Provider Service Specialist or Cathy Wheatcraft Regional Director	mgonzalez@orcha rdplace.org or cwheatcraft@orch ardplace.org
Child Care Provider	Evelyn Davis Early Learning Academy	Early childhood preschool programs ages 3-4 yrs old.	1409 Clark Street Ste# 7	Des Moines	Polk	50314	515-243-4212	515-243- 4213		Marlene Doby (Executive Director)	edacademy@qwes toffice.net
Community Service	Catholic Charities Migration and Refugee Services	Facilitates full participation of newcomer immigrants into the community through advocacy, direct service and support of community initiatives, bi-lingual counseling is also available. Also available is the Refugee Cooperative Services providing intensive support to achieve basic self-sufficiency for new community members.	601 Grand Ave	Des Moines	Polk	50309	515-244-3761				

Community Service	Hispanic Educational Resources, Inc.	Provides education resources to the Latino community to empower Hispanics to live a better, more secure and productive life. Many outreach programs are offered including a summer program for youth, an on site case manager, parenting classes, ELL classes and basic and intermediate computer classes. Also house the only bilingual English/Spanish early education program in the state with a QRS rating of 4, this program serves children ages 2-5.	828 Scott Ave.	Des Moines	Polk	50309	515-282-6542 or 515-242-0225	515-282- 0260	www.herdsm.org	Jodi Ramos, Executive Director or Gabriela Gallentine, Xochipilli Director	jramos@herdsm.or g or ggallentine@herds m.org
Community Service	Iowa Council for International Understanding	The Iowa Council for International Understanding's mission is to build cultural respect at home and around the world one person at a time. They do this through their interpretation and translation services, International Visitors Leadership Program, Iowa Student Global Leadership Conference, International Issues Forums and International Events. Other services provided.	929 3rd St. Ste 203	Des Moines	Polk	50309	515-282-8269 Ext 11 Main Line	515-282- 0454	www.iciu.org	Judith Conlin	judith.conlin@iciu.
Community Service	Young Women's Resource Center	Prevention Services: Problem solving groups, After-school groups, Survivor groups, Vision Justice groups, R3 Leadership Groups, Mariposa Latino Group, Individual Counseling. Prenatal services: Young Mom's Groups, childbirth Education, Car Seat Safety and Distribution, Bilingual Case Management, Community Day (diapers, formula, personals, clothing vouchers. (These services offered to women outside of 11-21 age range).	705 E. 2nd Street	Des Moines	Polk	50309	515-244-4901	515-243- 5073	www.ywrc.org	Tiffany Bandow (program director)	ywrc@ywrc.org
Community Service	Polk County Crisis & Advocacy Services	Crisis counseling, advocacy, support groups and support services in general to victims/survivors of crime.	2309 Euclid Ave.	Des Moines	Polk	50310	515-286-2022	515-286- 2032		Maria Alonzo- Diaz	maria.alonzo@pol kcountyiowa.gov
Community Service	Lutheran Services in Iowa	Adoption services, early childhood education, home health care, refugee resettlement, residential treatment, disability services, services to families.	3125 Cottage Grove Ave	Des Moines	Polk	50311	515-271-7475	515-271- 7450	www.lsiowa.org	Lara Hanson (b lingual family support worker)	lara.hanson@lsiow
Community Service	House of Mercy	House of Mercy programs provide a comprehensive set of services including transitional and permanent housing, substance abuse and mental health counseling, parenting and life skills classes, medical and dental care, employment and education assistance and outreach services.	1409 Clark Street	Des Moines	Polk	50314	515-643-6500	515-643- 6598		Todd Beveridge	tbeveridge@merc ydesmoines.org
Community Service	HOLA Center	Wide variety of services to low income low resource community members. Dental screenings also available.	618 E. 18th St	Des Moines	Polk	50316	515-299-4652	515-265- 8901	www.holacenter.o	r	
	Catholic Charities St. Mary Family Center	Food, clothing pantry and financial assistance.	1815 Hubbell Ave	Des Moines	Polk	50316	515-262-7290				
	Latinas Unidas por Un Nuevo Amanecer (L.U.N.A.)	L.U.N.A. provides counseling and advocacy services to immigrant victim/survivors of domestic violence and/or sexual assault.	4313 Fleur Dr. Suite # 25	Des Moines	Polk	50321	515-271-5060	515-271- 5062	www.lunaiowa.org	Adriana Flores (Executive Director)	adriana@lunaiowa
	PACE Juvenile Center-Orchard Place	PACE provides a variety of programs to help meet youth, family and community needs. These programs include academic instruction and support, mental health and substance abuse treatment, skill building services for those with behavioral and psychological disorders, accountability and case monitoring, and information community forums. Parenting group for Spanish speakers.	620 8th St	Des Moines	Polk	50309	515-208-9203	515-697- 5701	www.orchardplace	Sonia Reyes	sreyes@orchardpl ace.org

Community Service	Easter Seals Iowa	Provides wide range of services to people of all ages with disabilities or special needs. Bob & Billy Ray Child Development Center, Assistive Technology Center Supported Community Living Employ Ability, Day Habilitation Services, Rural Solutions, Camping, Recreation & Respite Services Case Management and Service Coordination.	401 NE 66th Ave / 2920 30th Street	Des Moines	Polk		TTY) or 515-309	515-289- -4069 or 515-274- 6434	www.eastersealsia	<u>.</u> Renee Bell	info@eastersealsia .org
	City of Des Moines Community Development		602 Robert D. Ray Drive.	Des	Polk		515-283-4180	515-237- 1687	www.dmgov.org	Marci Rafdal	mcradfal@dmgov.
Community Service	The Beacon of Life	Transitional housing with supportive services. We work with women who are in need of a structured, rehabilitative program. Our typical client has experienced incest as a child, then later domestic violence/verbal abuse, chemical dependency, have mental health issues and connected to the criminal justice system. Our minimum stay is four months up to two years. Rent is \$10 a night and residents are expected to locate employment, have assessments for health, substance abuse and if needed, mental health. It is required that residents follow through with all recommendations from the assessments and recommendations from the case manager. There are three phases of programming where completion is required. We have evening classes in financial literacy, budgeting, Victim Impact, Healthy Relationships and NA., A.A. and Winner Circle support groups that meet Monday through Friday. Completion of all classes and participation in support groups are required. We also work with women and courts to assist in accessing children and encourage supervised visits with DHS at the Beacon. We work closely with referring agencies, probation officers, & drug court to ensure there are no gaps services.	1717 Woodland Ave.	Des Moines	Polk	50309	515-244-4713 X10 or Lorene Cosimo, Case Manager 244- 4713 Ext.13	515-244- 4724	www.BeaconOfLife	Ruth Harding (Executive Director)	BeaconRuthH@Q westOffice.net
	Polk County Supplemental Food Program	Offer free food to low income infants, women, children and senior citizens who meet age and income requirements.	2309 Euclid Ave	Des Moines	Polk	50310	515-286-3655 or toll free: 1-877- 288-3655	515-323- 5296	www.Polkcountyio	Myndi Scharf	myndi.scharf@pol kcountyiowa.gov
Community Service		Community Education, Civic Participation, Citizenship, Leadership Development, Advocacy, Immigration and Start or Grow Your Business.	1111 9th St.Ste#380	Des Moines	Polk	50314	515-402-6238 or 515-974-5199	515-283- 0348	www.irnofiowa.org	g Carlos Rios	crios@irnofiowa.o
Community Service	The Salvation Army	Family services: rent, mortgage and utility assistance, prescription assistance, emergency travel Infant services: Infant formula, diapers, wipes, play yards, car seats, strollers, cribs, birth certificate, and photo ID Food pantries: nonperishable groceries; one-week supply once a month Homeless Breakfast program: serving a hot breakfast from mobile canteen every Tuesday and Friday morning in downtown Des Moines. Serving at 1326-30 Sixth Avenue at 5:00 and 7:30 a.m. Christmas assistance: Groceries and toys. Sign-ups in late November; distribution in mid-December. Spanish translators available for sign-up process. (Traductores de español disponibles para el proceso de registro).	1326-30 Sixth Avenue	Des Moines	Polk	50314	515-282-3422	515-282- 0760	www.salvationarm y-desmoines.org	Beverly Johnson (Caseworker)	beverly_johnson@ usc.salvationarmy. org
Community Service	Alpha Women's Center	We offer free pregnancy tests, prenatal and parenting classes. We also have a baby closet with baby supplies up to size 2T and diapers, wipes, formula, clothing, coats, shoes, etc. Most all things for babies, except furniture. We have most of our paperwork in Spanish and have about 17 of our classes in Spanish also. Classes are watching a DVD or a video. We also have a good supply of maternity clothing. All services are free and confidential.	3605 SE 14th St.	Des Moines	Polk	50320	515-285-5700		www.AWCDESMO	Linda Albertson (Executive Director)	AWC1DSM@mchsi .com

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Community Service	Alpha Women's Center	We offer free pregnancy tests, prenatal and parenting classes. We also have a baby closet with baby supplies up to size 2T and diapers, wipes, formula, clothing, coats, shoes, etc. Most all things for babies, except furniture. We have most of our paperwork in Spanish and have about 17 of our classes in Spanish also. Classes are watching a DVD or a video. We also have a good supply of maternity clothing. All services are free and confidential.	406 SW School St. Rm# 206 Neveln Center	Ankeny	Polk	50023	515-965-7885.		www.AWCDESMOI NES.org	Linda Albertson (Executive Director)	AWC1DSM@mchsi .com
Community Service	Family Violence Center	Offers safe shelter for victims of domestic violence and their children. Services include individual and support groups, counseling, court advocacy, case management and outreach. Emergency clothing and personal items also provided. No cost.	Location: Confidential		Polk		515-243-6147				
Community Service	Proteus, Inc.	Employment and training for migrant and seasonal farm workers. Primary health care for migrant and season farm workers. Tobacco use and control for Latino population. Rental assistance in Polk County. Food and clothing pantries in all offices.	3850 Merle Hay Rd. Ste # 500	Des Moines	Polk	50310	Toll free at: 1-80- 372-6031 or 515-515 271-5303 530		www.proteusinc.n et	Daniel Zinnel (Des Moines)	danielz@proteusin c.net
Community Service	Taylor County Neighborhood Center	Applications for various state and federal programs, food stamps, medical, FIP, LIHEAP, WIC, SIRHA (housing), on-site food pantry, thrift shop, and referrals to other agencies.	110 S. Main Street	Lenox	Taylor	50833	641-33-4442 (Mon, Wed).		www.maturacom munityaction.com	Lydia Brumfield	taylormatura@fro ntiernet.net
Community Service	Taylor County Neighborhood Center	Applications for various state and federal programs, food stamps, medical, FIP, LIHEAP, WIC, SIRHA (housing), on-site food pantry, thrift shop, and referrals to other agencies.	607 Madison Street	Bedford	Taylor	50833	712-523-3144 (Tue, Thurs and Fri).		www.maturacom munityaction.com	Lydia Brumfield	taylormatura@fro ntiernet.net
Community Service- Youth Groups	Youth and Shelter Services Iowa Homeless Youth Centers	YSS' mission is to provide prevention, education, treatment, and residential services to children, youth, and families; to advocate on their behalf; and to help them solve problems, grow, and become self-sufficient, responsible, contributing members of society. YSS provides a broad range of comprehensive youth and family services including substance abuse and delinquency prevention programs, child safety, family development, before/after-school programs, youth development, pregnancy prevention, mentoring, runaway and homeless services, residential chemical dependency treatment, transitional and independent living programs, outpatient and in-home counseling services, employment services, shelter care, adoption, family foster care, and aftercare.	701 Grand Ave.	Des Moines	Polk	50309	515-288-7884		http://www.yss.or		
Community Service- Youth Groups	Big Brothers Big Sisters of Central Iowa	Mentoring Program for youth and minorities. Currently in need of minority mentors for young boys.	9051 Swanson Blvd	Clive	Polk	50325	515-288-9025 515 ext 225 619	5-288- 91	www.bigbrothersbi	Laura Siddall (Recruitment Coordinator) or Alatea Holcomb	lsiddall@bbbsia.or g or alateaholcomb@b bbsia.org
Community Service- Youth Groups	Latinas/Latinos al Exito	Latinas/Latinos al Exito builds alliances between college-experienced adult Latinas/Latinos and middle school Latina/Latino students with the purpose of helping the students to value school success, including the goal of graduating from high school and envisioning college or post-secondary training in their futures. Events include Latina or Latino group get-togethers, campus visits, and family events.	P.O. Box 93531	Des Moines	Polk	50393- 3531	641-752-5737			Pam Swartz, Tom Renze or Jan Mitchell	pam@theperfectse tting.org or tjrenze@iowatelec om.net or jan.mitchell@nexg enisp.com
Economic Development	Veridian Credit Union	Veridian Credit Union is a full service financial institution. Offer multiple types of savings and checking accounts in addition to many different types of loan products, including auto, home, lines of credit, and commercial. We also offer insurance and investment services. With locations open 7 days a week.	5910 University Ave	West Des Moines	Polk	50266	515 515-289-1822 225	5-221- 52	www.veridiancu.or	Anna Moorman (Business Development Coordinator)	annakm@veridian cu.org

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Economic Development	Veridian Credit Union	Offer the following services: checking and savings accounts, ITIN accounts, certificates of deposit, vehicle and personal loans, mortgages and home equity loans, credit cards, free home banking, investment and retirement account services and more.	1201 South Ankeny Blvd	Ankeny	Polk	50021	Toll free: (800) 235-3228. Des Moines phone: 515-289-1822	Des Moines Fax: 515- 289-1829	1	Dora Camargo Ankeny office: 515-289-5527	doraic@veridiancu
	City of Des Moines Office of Economic Development/Cor poration	Many types of loans offered. Microloan: To create and stimulate a healthy and sustainable community by stimulating economic activity, successful business development and growth, and job creation for low- and moderate-income residents within the City of Des Moines. Revolving Loan Fund: To provide short-term financing for fixed assets, equipment, inventory or working capital. SBA 504: To assist small business formation and expansion, thereby creating new jobs. Loan Injection Program: To assist projects locating in target areas to utilize the SBA 504 Loan mechanism. Des Moines Action Loan Fund: To provide long-term financing for industrial and commercial expansion that creates permanent, private sector employment opportunities for new and expanding businesses. The program is intended to be used in conjunction with loans from private lenders. Neighborhood Commercial Revitalization: To assist the revitalization of older commercial buildings in neighborhoods. Low-interest loans are made for property and site improvements. Community Economic Betterment Account: To provide financial assistance to qualifying businesses for job creation projects. Tax Abatement: To forgive an increase in the real estate taxes for a specific period of time. The abatement may result from a renovation, new construction, or the purchase of qualifying machinery and equipment. Enterprise Zone: To promote new economic development and attract private investment in economically distressed areas.		Des Moines	Polk	50309	515-283-4004	515-237- 1667	www.dmgov.org	Terrance Vorbrich	tnvorbrich@dmgo v.org
Economic Development	La Bilingüe, LLC	Tax preparation, ITIN filings, Notary, Carta(s) Poder, Interpreter/Translator, plus many misc bilingual services.	1906 Ingersoll Ave	Des Moines	Polk	50309	515-988-7322		under construction	Carmen Alden (owner)	usaitaliana@aol.co
Economic Development	Village Credit Union	Loans with ITIN's, village housing coalition.	601 E. Court Avenue	Des Moines	Polk	50309	515-243-4400	515-243- 5006	www.VillageCU.org	Enrique Cruz- Garcia (Hispanic community development)	Ecruz@VillageCU.o
Economic Development	Dan Sears Inc	Independent insurance agency, specialize in health, life, annuity, IRA, 401 K rollovers, can also refer to other specialists.	3901 S.W. 28th Place	Des Moines	Polk	50321	515-285-6766 cell: 515-669- 9316	515-285- 6414			searsdebra@aol.c om
Economic Development	ALIANZA Latino Businesses	Latino Business Association: business improvement consulting, networking, business development, support and connection to the Latino business community in Des Moines.	700 Locust St. Ste #100	Des Moines	Polk	50309	515-286-4982	515-286- 4974	www.alianza- lba.org	Nannette Rodriguez Vice President Director of Communication s.	
	Pastorino Insurance Agency	A bilingual English-Spanish agency that provides personal lines of insurance products such as auto including SR-22 filings, home, life, health, retirement plans, disability, liability, work compensation, buy-sell trade agreements etc.	1514 E. Grand Ave. Ste. B	Des Moines	Polk	50316	515-263-0099		www.farmersagent	Fabiola D. Patorino	fpastorino@farme rsagent.com

Des Moines Metro Credit Union	Provide an array of financial products and services, bilingual staff available.	100 University Ave	Des Moines	Polk	50314	515-283-4195	515-284- 1652	www.dmmcu.org	Alejandro Alaniz and Trad Stiles	alejandroa@dmmc u.org or ci memberservices@ dmmcu.org
lowans for Social and Economic Development (ISED)	lowans for social and economic development provides job placement assistance, financial education, savings programs, benefit screening and microenterprise training as well as technical assistance.	1111 9th St.	Des Moines	Polk	50310	515-283-0940	515-283- 0348	www.isedventures	Elia Cardenas	ecardenas@ised.o
		666 Walnut St.	Des Moines	Polk	50309	515-245-3276	515-245- 8435	www.wellsfargo.cc	-	anthony.m.dickins on@wellsfargo.co
		P.O. Box 506	Des Moines	Polk	50302	515-440-0773	515-440- 1892	www.iowaimmigra	Connie Ryan Terrel (515-279 8715) or Alicia Claypool (515- 988-5831)	info@iowaimmigr ationeducation.org
Lutheran Services in Iowa	Adoption services, early childhood education, home health care, refugee resettlement, residential treatment, disability services, services to families.	3125 Cottage Grove Ave	Des Moines	Polk	50311	515-271-7475	515-271- 7450	www.lsiowa.org	lingual family `	lara.hanson@lsiow
Cross Roads Of Pella	ESL classes at Pella Community Center 712 Union St Room # 306 in Pella.	712 Union St. Room # 306	Pella	Jasper	50219				Julie Jonson	
Central lowa Shelter and Services		205 15th St.	Des Moines	Polk	50309		515-883- 1692	www.centaliowash	Tony Timm	tonytimm@qwest office.net
Stork's Nest A Visiting Nurses Services of Des Moines Program	Incentive program for new and pregnant mothers. Women earn points for completing health behaviors for them and their babies, With the points they earn free needed baby items. Must be pregnant to qualify and live in Polk County, Call to see if you qualify. the Stork's Nest also offers free parenting and prenatal classes, 3 sessions a year. Call for class schedule to sign up!	100 E. Euclid Ste# 129	Des Moines	Polk	50313	515-558-9950	515-288- 1082	www.vnsdm.org	Sara Madison	storksnest@vnsd m.org
Des Moines public Schools SUCCESS/Way To Grow Program	Case management with families including assessment of need, identification of personal goals, coordination of services, advocacy in accessing services and follow up.	1801 16th St.	Des Moines	Polk	50314	515-323-8603	515-242- 7396	www.dmps.k12.ia.	Margaret Jensen Connect	margaret.connet@dmps.k12.ia.us
AIB College of	degrees in accounting, business administration, steno and voice captioning, and court	2500 Fleur	Des	Dall	50004	F4F 044 4004	515-244-		•	nancyw@aib.edu
O I SI O I I O S S S S S S S S S S S S S	Credit Union owans for Social and Economic Development (ISED) Wells Fargo Bank owa Immigration Education Coalition Lutheran Services In Iowa Cross Roads Of Pella Central Iowa Shelter and Services Stork's Nest A Visiting Nurses Services of Des Moines Program Des Moines public Schools SUCCESS/Way To Grow Program	Owans for Social and economic development provides job placement assistance, financial education, savings programs, benefit screening and microenterprise training as well as technical assistance. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowa, Spanish website providing financial education and information in Spanish. Educate community through presentations, briefings and community forums. Provide research-based materials, publications and resources in print and online and educate community regarding immigration issues, how current immigration policies are not working and why we need comprehensive federal immigration reform. Information is available to all groups and the organization can also be contacted to request speakers. Adoption services, early childhood education, home health care, refugee resettlement, residential treatment, disability services, services to families. Coross Roads Of Pella ESL classes at Pella Community Center 712 Union St Room # 306 in Pella. Provide Adult Basic Education: Very basic education for adults. GED: general education degree. ESL: English as a Second Language program. Incentive program for new and pregnant mothers. Women earn points for completing health behaviors for them and their babies, With the points they earn free needed baby items. Must be pregnant to qualify and live in Polk County, Call to see if you qualify. the Stork's Nest also SuCCESS/Way Case Moines public Schools SuCCESS/Way Cose Moines public Cohools Case management with families including assessment of need, identification of personal goals, coordination of services, advocacy in accessing services and follow up. AlB College of Business is dedicated to providing quality educational opportunities that prepare students to build careers in business. Established in 1921, AlB is an independent, coeducational college of business that offers Associate of Applied Science degrees in the fields of accounting, business administration, general edu	Des Molnes Metro Cross Roads Of Pella ESL classes at Pella Community Center 712 Union St Room # 306 in Pella. University Ave	Des Moines Metro Cross Roads Of Pella Provide And Extrement, disability services, services to families. Provide Adult Basic Education: Very basic education, home health care, refugee resettlement, residential treatment, disability services, services to families. Provide Adult Basic Education: Very basic education for adults. GED: general education degrace. ESL: English as a Second Language program. Des Moines Moines University Ave Moines Moines Des Moines Moines Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowa, Spanish website providing financial education and information in Spanish. Educate community through presentations, briefings and community forums. Provide research-based materials, publications and resources in print and online and educate community regarding immigration issues, how current immigration policies are not working and why we need comprehensive federal immigration reform. Information is available to all groups and the organization can also be contacted to request speakers. P.O. Box 506 Moines Des Moines P.O. Box 506 Moines P.O. Box 506 Moines P.O. Box 506 Moines P.O. Box 506 Moines Des Moines Provide Adult Basic Education: Very basic education for adults. GED: general education degrace. ESL: English as a Second Language program. Incentive program for new and pregnant mothers. Women earn points for completing health behalviors for them and their bables, With the points they earn free needed baby items, Must behalviors for them and their bables, With the points they earn free needed baby items, Must be pregnant to qualify and their pollicial to qualify and box fork s Nest also differs free parenting and prenatal classes, 3 sessions a year. Call for class schedule to sign up! Des Moines Program AIB College of Business is dedicated to providing quality educational opportunities that prepare students to build careers in business. Established in 1921, AIB is an independent, coeducational college of business administ	Des Molnes Metro Cross Roads Of Pella Cross	Des Moines Metro Credit Union Provide an array of financial products and services, bilingual staff available.	Des Morines Metro Credit Union Provide an array of financial products and services, bilingual staff available. Wells Fargo Provide an array of financial products and services, bilingual staff available. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowa. Spanish website providing financial education and information in Spanish. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowa. Spanish website providing financial education and information in Spanish. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowa, Spanish website providing financial education and information in Spanish. Spanish. Spanish. Spanish. Spanish website providing financial education and information in Spanish. Spanish. Spanish. Spanish website providing financial education and information in Spanish. Spanish. Spanish. Spanish. Spanish. Spanish website providing financial education and information in Spanish. Spanish.	Dee Moines Motor Provide an array of financial products and services, bilingual staff available. Well Fargo provides in formation in lowary programs, benefit screening and microenterprise training as well as exchinated assistance. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowary Spanish. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer finance in lowary Spanish website providing financial education and information in Spanish. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer financial education in lowary Spanish website providing financial education and information in Spanish. Wells Fargo provides the following services: banking, insurance, investments, mortgage, consumer financial education in lowary Spanish website providing financial education and information in Spanish. Wells Fargo provides the following services spanish website providing financial education and information in Spanish. Wells Fargo provides the following services particles and community forums. Provide Spanish website providing financial education and information in Spanish website providing financial education and expanish website providing financial education and expanish website providing financial education and expanish website providing financial education and information in Spanish website providing financial education and expanish website providing financial education fin	Dee Mines Metro Provide an array of financial products and services, billingual staff available. Ave Mines Polk Social Ave Mines Po	Des Meines Metro Tradit Union Words an array of financial products and services, bilingual staff available. Ave Moines Words of social and economic development provides job placement assistance, financial oducation, savings programs, bronchis accessment Words Eargo Bank Wolfs

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		We are a Ministry of the United Methodist Church, a community of faith for Spanish									
	Comunidad de Fe	1	1548 8th St.								
	Las Americas	Spanish, with bilingual Christian Education for children. We offer English as a learned	(location) or								
	United Methodist	language on Tuesday and Thursday evenings 6-8 pm which includes child care. Citizenship	P.O.Box	Des						Rev. Barb	barbdinne@msn.c
Education	Ministry	classes are offered on Wednesday evenings 6-8 pm.	41006	Moines	Polk	50311	515-280-8426			Dinnen	om
		State of the sta					0.0 200 0.20				<u>0111</u>
			4023								
	Leeward	Client centered consulting in intercultural relations, cultural history and higher education	University	Des							searleslr@msn.co
Education	Solutions, LLC	preparedness. Main work in consulting work.	Ave # 2	Moines	Polk	50311	515-979-6457			Leland Searles	
Education	Solutions, LLC	preparedness. Main work in consulting work.	Ave # 2	IVIOITIES	FUIK	30311	313-979-0437			Leianu Seanes	<u>m</u>
			1200								
	Grand View	Multicultural outreach-plan and host events on campus, provide presentations about Grand	Grandview	Des				515-263-	www.grandview.ed		apiedras@grandvi
Education	University	View University to community members. Grand View is a college institution.	University	Moines	Polk	50216	515-263-6017	6192		Alex Piedras	
Education	Offiversity	view Oniversity to community members. Grand view is a college institution.	-	Monies	FUIK	30310	313-203-0017	0192	<u>u</u>	Alex Fleuras	<u>ew.edu</u>
			4114 Allison								
			Ave or								
		Literacy and mentoring for elementary school children. Signature program, power lunch.	P.O.Box 691								
	Everybody Wins!	Everybody Wins matches community volunteers with students for one-on-one reading and	Des Moines,	Des				515-274-	www.everybodywi		info@everybodywi
Education	Iowa	mentoring.	IA. 50303	Moines	Polk	50310	515-277-7590	1537	nsiowa.org	Tykr Weig	nsiowa.org
										, ,	
	Southwestern						toll free: 1-800-			Lisa Carstens	
	Community	A comprehensive two-year public institution offering transfer courses, career and technical	1501 W.				247-4023 or 641	641-782-	www.swcciowa.ed	(Admissions	admissions@swcci
Education	College	education programs, continuing education courses, and industrial training classes.	Townline St.	Creston	Union	50801	782-7081	3312	п	Coordinator)	owa.edu
	3.	g the same of the							<u></u>	,	<u> </u>
	Mercy College of			Des				515-643-			adennis@mercyde
Education	Health Sciences	Prepare students to work in health care fields.	928 6th Ave.	Moines	Polk	50309	515-643-6640	6698	www.mchs.edu	Anne Dennis	smoines.org
	DMACC Urban	College level transfer and two year courses, beginning to advance English as a Second		Des				515-248-			Ildouglas@dmacc.
Education	Campus	Language courses also offered.	1100 7th St.		Polk	50314	515-248-7206	7253	www.dmacc.edu	Laura Douglas	edu
	Campao	Zangaago ooarooo aloo onoroa.	11007411041	101011100	- Ont		010 210 1200	. 200	www.amacc.caa	Ladia Dodgiao	<u>cuu</u>
	Iowa College		160 S. 68th								
	Access Network	The Iowa College Access Network helps students at all levels reach their educational goals.	St. Ste #	West Des					www.icansucceed.		igarcia@icansucce
Education	(ICAN)	All services are free and available to schools, online and at the college planning centers.	1101	Moines	Polk	50266	1-877-272-4692			Juan Garcia	ed.org
Ladoation	(10/114)	7 and determined and available to sorroom, orining and at the conlege planning centers.	1101	IVIOIIIOS	1 JIK	00200	. 011 212-4032		org	Juan Jarola	<u>cu.uig</u>
	Mating -LD										
	National Resource										
	Center for Family										
	Centered Practice		-				515-235-4661 or				brad
	at the University of		1200 Grand				515-771-3589 or				brad-
	Iowa School of		Ave Ste #	Des			Doris Wells: 515	+	http://www.uiowa.		richardson@uiowa
Education	Social Work	Research and evaluation, training, technical assistance and information dissemination.	120	Moines	Polk	50309	339-6855		edu/~nrcfcp/	Richardson	<u>.edu</u>
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	PACE Juvenile Center-Orchard	PACE provides a variety of programs to help meet youth, family and community needs. These programs include academic instruction and support, mental health and substance abuse treatment, skill building services for those with behavioral and psychological disorders, accountability and case monitoring, and information community forums. Parenting group for		Des				515-697-	www.orchardplace		sreyes@orchardpl
Education	Place	Spanish speakers.	620 8th St	Moines	Polk	50309	515-208-9203	5701	.org	Sonia Reyes	ace.org
Education	Des Moines Area Community College- Ankeny (DMACC-Ankeny).	DMACC provides academic and career training for quick entry into the workforce or transfer to a 4-year institution, provides classes and programs for certification and for personal growth.	2006 S. Ankeny Blvd. Building 1	Ankeny	Polk	50023	Toll free at: 1- 877-TO-DMACC or 515-964-6460		www.dmacc.edu	Michael Lentsch	mjlentsch@dmacc. edu
Elder Services	Experience Works	Employment and training agency for persons 55+ with low income, provide job training, resume and interviewing skills etc.	P.O.Box 4040	Des Moines	Polk	50333	Toll free: 866- 976-5939 or 515 243-2525	-515-243- 1426	www.experiencew orks.org		
Elder Services	Experience Works	Employment and training agency for persons 55+ with low income, provide job training, resume and interviewing skills etc.	P.O.Box 4040		Marion		Toll free: 866- 976-5939 or 515 243-2525	-515-243- 1426	www.experiencew orks.org	Cindi Cannavo	cindi_cannavo@ex perienceworks.org
Elder Services	Experience Works	Employment and training agency for persons 55+ with low income, provide job training, resume and interviewing skills etc.	P.O.Box 4040		Warren Madison Dallas		Toll free: 866- 976-5939 or 641 782-2100		www.experiencew orks.org	Ruth Belinger	
Elder Services	Experience Works	Employment and training agency for persons 55+ with low income, provide job training, resume and interviewing skills etc.		Creston	Union		Toll free: 866- 976-5939 or 641 782-2100	-	www.experienceworks.org		
Employment	lowa Vocational Rehabilitation Services (Diversity Initiative)	Helps Latinos who suffer any form of disability to find work in appropriate careers. Services are FREE! Ultimate goal of IVRS is to place Iowans with disabilities on jobs to become self-sufficient. An individual has to be determined to be eligible based on the existence disability and level of severity. Types of services provided to each individual are unique dependent upon his/her disability, abilities, skills, and preferences. All services provided have to be directly related to one's vocational goal.	510 E. 12th St	Des Moines	Polk	50319	515-724-3394 (or) 515-281- 8917 (or) 515- 725-7825	515-281- 7645	www.ivrs.iowa.gov	Omar Velazco (Diversity Specialist) or Richard Clark	tomoko.yajima@io wa.gov (or) Richard.clark@iow a.gov (or) Omar.velazco@io wa.gov
		Hispanic Community Outreach, 515-237-5047, Refugee Cooperative Services, 515-237-								Hispanic Community Outreach: Mireya Ramirez, 515- 237-5047. Other contacts: Betty Moind: 515-237-5018, Megan Callan: 515-237-5068 and Sol	
Faith Groups	Catholic Charities	5068, A New Beginning Adoption and Pregnancy Counseling, 515-237-5082, Counseling Services (including bilingual), 515-244-3761.	601 Grand Ave	Des Moines	Polk	50309	515-244-3761	515-237- 5070	www.catholiccharit		mramirez@dmdio ceses.org

Faith Groups	La Voz de la Esperanza (part of Grace Lutheran Church)	Sunday services in Spanish held weekly year around. All are welcome.	3010 52nd St.	Des Moines	Polk	50310	515-276-6873	515-276- 4048	www.gracedm.org	Pastor David	graceluth5@msn.c om or davidcline_pc@ms n.com
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Faith Groups	Lutheran Services in Iowa	Lutheran worship services.	3125 Cottage Grove Ave	Des Moines	Polk	50311	515-271-7475	515-271- 7450	www.lsiowa.org	Lara Hanson (bi lingual family support worker)	lara.hanson@lsiow
Faith Groups	Comunidad de Fe Las Americas United Methodist Ministry	We are a Ministry of the United Methodist Church, a community of faith for Spanish speakers. Our worship service is bi-lingual at 10 am on Sunday, followed by Bible study in Spanish, with bilingual Christian Education for children. We offer English as a learned language on Tuesday and Thursday evenings 6-8 pm which includes child care. Citizenship classes are offered on Wednesday evenings 6-8 pm.	1548 8th St. (location) or P.O.Box 41006	Des Moines	Polk	50311	515-280-8426			Rev. Barb Dinnen	barbdinne@msn.c om
GLBT	One Iowa	One Iowa works with the gay, lesbian, bisexual, and transgender (GLBT)community to ensure equality for all Iowans. More, specifically, we are involved with protecting the recently-granted freedom to marry for gay and lesbian couples. We are also working hard to make sure that those in the Latino community have a voice in the GLBT community.	500 E. Locust St. Ste # 300		Polk	50309	402-659-8110	515-244- 5846	www.oneiowa.org	Ryan Crane	ryan@oneiowa.or
GLBT	The Center	Works with the gay, lesbian, bisexual, and transgender (GLBT)community.	1300 Locust Ave	Des Moines	Polk	50309	515-243-0313				
Government	New Iowan Centers	For individuals: job search assistance, resume making, mock interviews, assistance for migrant farm workers, citizenship classes, Rosetta stone for English and Spanish, and community referrals for classes (GED, ESL, Computer, etc), housing, healthcare, and immigration. For employers and community organizations: help recruiting employees, presentations in English or Spanish on diversity in the workplace, translation, Rosetta Stone, and information on I-9 forms, Alien Labor Regulations and employee/employer rights.	430 E. Grand Ave	Des Moines	Polk	50309	515-242-6240 or 515-281-9606	515-242- 0258	www.iowaworkfor ce.org/centers/ne wiowan	Barbara Bobb	<u>barbara.bobb@iw</u> <u>d.iowa.gov</u>
Government	U.S. Attorney's Office – Southern District of Iowa	Government services	110 E. Court Ave., Suite 286	Des Moines	Polk	50309	515-473-9342	515-473- 9288		Mike Bladel, Law Enforcement Coordinator	Mike.Bladel@usdo j.gov
Government	Polk County Family Enrichment Center	FaDSS=Family Development & Self Sufficiency: Family Support and Case Management for families who reside in Polk County, are receiving cash FIP benefits and are working with PROMISE JOBS. (Services are available for Spanish-speaking families as openings are available with Spanish-speaking case managers).	2309 Euclid Ave	Des Moines	Polk	50310	General number for referrals/informa tion: 515-286- 3406 or 515-286- 3556		www.Polkcountyio wa.gov/cfys/pages /fec	Marcia Blize, Program Administrator or Doug Stodgel, Senior Social Worker	marcia.blize@polk countyiowa.gov or doug.stodgel@polk countyiowa.gov
Government	Polk County Human Resources	Provides personnel management services to the departments of county government and the elected offices of elected officials including employment, recruitment, organization, and administration of employee benefits.	111 Court Ave Ste#390	Des Moines	Polk	50309	515-286-3200	515-286- 3316	www.Polkcountyio wa.gov	Cassie Cooper	HumanRes@polkc ountyiowa.gov

	Iowa Department										
Government	of Public Health Iowa Supplemental Nutrition Program for Women, Infants and Children (WIC)	WIC is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies.	321 E. 12th Street	Des Moines	Polk	50309	1-800-532-1579	515-281- 4913	www.idph.state.ia. us/wic_	Jill Lange	jlange@idph.state. ia.us
Government	lowa Department of Public Safety	State law informant agency. Iowa State Patrol, Iowa Division of Criminal Investigation, Iowa Division of Narcotics Enforcement and State Fire Marshall Division.	215 E. 7th St.	Des Moines	Polk	50319	515-725-6281	515-725- 6274	www.dpscareers.c om	Mick Mulhern	mulhern@dps.stat e.ia.us
Government	New Iowan Center Des Moines	The Des Moines New Iowan Center offers workforce development services to persons who have recently moved to Iowa and are seeking employment. The center is designed to support workers, businesses and communities with information, community service referrals, job placement, translations, language training in English, Spanish, and Vietnamese and resettlement assistance as well as technical and legal assistance concerning forms and documentation. The Des Moines New Iowan Center also offers services to Migrant Seasonal Farm Workers and the employers who hire them in Central Iowa.		Des Moines	Polk	50309	515-281-9606	515-242- 0258	www.iowaworkfor ce.org/centers/ne wiowan	Amber Ramirez other contacts include: Lea Hubbard: 515-242-0246. Outreach Specialist: 515-242-0252.	Amber.Ramirez@i wd.iowa.gov
Health	Venus Family Planning (West Des Moines)	Family Planning that offers contraception & a variety of women's health services free or at very low cost. 3 diff. locations.	1211 Vine St. Ste# 2150	W. Des Moines	Polk	50265	515-558-9603		www.venusfamilyp lanning.org		
Health	Mae E. Davis Clinic Eddie Davis Community Center	Free medical clinic.	1312 Maple St	West Des Moines	Polk	50265	515-277-1103				
Health	St. Luke's Clinic, Polk City United Methodist Church	Free medical clinic.	1421 W. Broadway	Polk City	Polk	50266	515-984-6274				
Health	Primary Health Care	Sliding fee scale, free, Medicaid and Hawk-I (Medical and dental care).	2353 SE 14th St	Des Moines	Polk	50302	515-248-1470				
Health	Primary Health Care East Side Clinic	Primary Health Care East Side Clinic / Family support	3509 E. 29th St	Des Moines	Polk	50317	515-248-1618	515-248- 1610		Karla Vaquerano Serio, Family Support Worker	kserio@phcinc.net
Health	AIDS Project of Central Iowa, The	Public health community outreach, helping people who suffer from AIDS get the appropriate care and needs met. Housing assistance, transportation assistance, AIDS drug assistance program, emergency financial assistance, disability, Medicaid, food stamps, general relief, WIC, FIP, etc. Offers Hip C screenings and Help A&B vaccines.	711 East 2nd St	Des Moines	Polk	50309	515-284-0245	515-282- 7787	www.aidsprojectci.	Amy Scott (bilingual HIV program specialist)	amys@aidsproject ci.org

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Health		Provides birth families and adoptive families with emotional and social support services and assists them with planning, decision-making, legal procedures and foster care of infants awaiting adoption. The program emphasizes open adoption and also completes adoption searches.	601 Grand Ave	Des Moines	Polk	50309	515-244-3761				
Health	Corinthian Family Health Free Clinic	1st and 3rd Tuesdays 4-6pm, 2nd and 4th Saturdays 9am-12noon. First come first serve.	814 School Street	Des Moines	Polk	50309	515-243-4073				
Health	Margaret Cramer Clinic First Assembly of God Church	Free medical clinic, free ever Thursday evening from 6-8, must be checked in no later than 7:30pm, walk-ins welcome, <u>arrive real early</u> , food pantry available Monday & Wednesday 11-12noon, Thurs evening 6:00-7:30pm you need photo ID or current info (1/household, 1/person).	2725 Merle Hay Rd	Des Moines	Polk	50310	515-279-9766				
Health	WIC (for WIC participants)	Appointments and walk-ins as available, Tuesdays 8-4pm.	2300 E. Euclid Ave. Suite D. (River Plaza location)	Des Moines	Polk	50310	515-282-5800				
Health	Young Women's Resource Center	Prevention Services: Problem solving groups, After-school groups, Survivor groups, Visions Justice groups, R3 Leadership Groups, Mariposa Latino Group, Individual Counseling. Prenatal services: Young Mom's Groups, childbirth education, Car Seat Safety and Distribution, Bilingual Case Management, Community Day (diapers, formula, personals, clothing vouchers). These services offered to women outside of 11-21 age range.	705 E. 2nd Street	Des Moines	Polk	50310	515-244-4901	515-243- 5073	www.ywrc.org	Tiffany Bandow (program director)	ywrc@ywrc.org
Health	Lutheran Services in Iowa	Adoption services, early childhood education, home health care, refugee resettlement, residential treatment, disability services, services to families.	3125 Cottage Grove Ave	Des Moines	Polk	50311	515-271-7475	515-271- 7450	www.lsiowa.org	Lara Hanson (b lingual family support worker	lara.hanson@lsiow
Health	Jim Ellefson Free Medical Clinic	Tuesdays 1:30 -4pm, Thursdays 5-8:30pm. First come first serve.	1607 E 33rd St.	Des Moines	Polk	50311	515-266-7622				
Health	I-Smile Program (Visiting Nurse Services)	Call to schedule appointments.	100 E. Euclid Ave Suite # 129	Des Moines	Polk	50313	515-557-9023 or 515-558-9988				
Health		Family Planning that offers contraception & a variety of women's health services free or at very low cost. 3 diff. locations.	100 E. Euclid Ste# 19	Des Moines	Polk	50313	515-558-9585		www.venusfamilyp		
Health	Broadlawns Medical Center - Oral Health Department	Mon-Fri 8-5 appointments for children, adults on a walk in basis with registration at 7am and 1pm, Sliding fee scale, Medicaid, Hawk-I, other insurance plans, financial arrangements available.	1801 Hickman Rd	Des Moines	Polk	50314	515-282-2421				

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Health	Polk County Health Department	Dental screening and fluoride varnish application, call for appointment, fee, Medicaid.	1907 Carpenter Ave	Des Moines	Polk	50314	515-286-3798		
Health	Polk County Health Department	Call for appointments first Friday of every month from 8:30 am to 12 noon.	1907 Carpenter	Des Moines	Polk	50314	515-286-3798		
Health	Urban Dreams	Free medical clinic.	1410 6th Ave	Des Moines	Polk	50314	515-288-4742		
Health	Venus Family Planning (9th St)	Family Planning that offers contraception & a variety of women's health services free or at very low cost. 3 diff. locations.	1111 9th At Ste# 390	Des Moines	Polk	50314	515-558-9609		www.venusfamilyp Natasha Jodoin ARNP
Health	Des Moines Health Center (dental services in Polk County)	Dental services; by appointment for children Monday -Thursday 8-5, Fri 8-2, free, sliding fee scale, Medicaid, Hawk-I.	1111 9th St Suite 190	Des Moines	Polk	50314	515-244-9136		
Health	Christ the King Catholic Parish (dental services in Polk County)	Dental screening is available on the first Tuesday of the month from 6-9pm.	5711 SW 9th St	Des Moines	Polk	50315	515-285-2888		
Health	The Family Practice Center operated by Planned Parenthood of Greater Iowa	Family Planning that offers contraception & a variety of women's health services free or at very low cost.	200 Army Post Rd. Ste #26	Des Moines	Polk	50315	515-953-7560	515-953- 7549	www.plannedpare nthood.org/heartla nd
Health	Christ the King Free Clinic	Free or reduced medical clinic. Mondays from 7-9pm. First come first serve.	5711 SW 9th St	Des Moines	Polk	50315	515-285-2888		
Health	Christ the King Free Pediatric Clinic	Free or reduced pediatric clinic. Wednesdays from 6-8pm. First come first serve.	5711 SW 9th St	Des Moines	Polk	50315	515-285-2888		
Health	HOLA Center	Wide variety of services to low income low resource community members. Dental screenings also available.	618 E. 18th St	Des Moines	Polk	50316	515-299-4652	515-265- 8901	www.holacenter.or

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	Maple Street		1552 Maple	Des							
Health	Baptist Church	Free medical clinic.	St	Moines	Polk	50316	515-564-0800				
	Grace United	Free healthcare clinic. Opened Tuesdays 5:30-7:70pm. First come-first serve. No									
	Methodist Church	appointment necessary. No cost. In kind donations accepted. Clinica gratuita en tu barrio.									
	Free Medical	Se atiende sin cita previa. Consulta por orden de llegada. Servicio gratuito. Se aceptan	3700 Cottag	Des							
Health	Clinic	donaciones.	Grove	Moines	Polk	50311					
			10.15								
			1345 E. University								
			Ave Suite #	Des							
Health	Ocean Dental	Monday-Fri 8-5, accepts Medicaid, some adult appointments available.	302	Moines	Polk	50316	515-264-9022				
					-						
	Problem										
	Gambling		0.454 5 1	D			Toll free: 1-877-		ununu maasasamias		gambling@meccai
Health	Services (a MECCA program)	Provides prevention and early intervention, counseling, family services, financial counseling, transitional shelter for people suffering from gambling addiction and or families.	3451 Easton Blvd	Moines	Polk	50317	878-8870 or 515 333-5520	6808		Lindsey	
rieallii	WECCA program)	transitional sheller for people suffering from gambling addiction and or families.	Divu	MOINES	FUIK	30317	333-3320	0000	.come/gambling	Linusey	a.com
	La Clinica de la		2679 Maury	Des							
Health	Esperanza	Appointments and walk-ins as available Wednesday afternoons 1-4pm.	St.	Moines	Polk	50317	515-244-6162				
	American										
	Diabetes		2600 72nd	Des			515-276-2237	515-251-			srolfe@diabetes.o
Health	Association	Diabetes information brochures in English and Spanish. Website available in Spanish.	St. Suite O	Moines	Polk	50322	X 6862	5831	www.diabetes.org	Sheryl Rolfe	rg
											sandra.mcgee@po
	Polk County Crisis										Ikcountyiowa.gov
	and Advocacy		2309 Euclid	Des		50310-	515-286-3600 or	515-286-	www.Polkcountyio	Sandra McGee	maria.alonzo@polk
Health	Services	Serves individuals victimized by crime.	Ave	Moines	Polk	9915		2032	wa.gov_		coutnyiowa.gov
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	Warran of Color	Dravida cumpart information and recourses to personnuities of color I lab communities of	512 28th	Dee		50040		E4E 044	community@iowac		community@iowa
Health	Women of Color Advisory Network	Provide support, information and resources to communities of color. Help communities of color develop strategies for dealing with interpersonal violence.	Street Suite 107	Des Moines	Polk	50312- 5259	515-244-7424	7417	asa.org		casa.org
Ticaliti	Advisory Network	Provide transportation to health care appointments, counseling, therapy (occupational,	107	Wionics	1 OIK	0200	313 244 7424	1711	asa.org		casa.org
		physical, speech) dental, vision, doctors, audiologist, well-child exams immunization and drug	,								
		treatment clinics, minors have to be accompanied by a legal parent or guardian (any	"								
		appointment covered by Medicaid (T19) in Polk county. If parent or guardian present, VNS is									
		able to pick up children from schools and or day care centers. Also, if transporting children,									
		they must have a car seat, call and let them know if individual does not have access to a car									
	Visiting Nurse	seat, they can help out with this, call (515-558-9972) at least two days before appointment	1111 9th St.	Des		50314-					
Health	Services	and leave a message if necessary.	Suite# 320	Moines	Polk	2527	515-288-1516		http://vnsdm.org		
	Good Samaritan										
	Clinic First United Methodist (Activity										
	building, in		308 E.								
Health	Knoxville)	Free medical clinic. 2nd and 4th Mondays 6-7:30pm.	Robinson	Knoxville	Marion	50138	641-842-3712				
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	Good Samaritan										
	Clinic First										
	Reformed Church		603								
Health	(Pella)	Free medical clinic.	Broadway	Pella	Jasper	50219	641-628-3493				
Tioditi	(1 cha)	Troc medical cirric.	Diodaway	1 Cila	oaspei	00210	041 020 0400				
	Trinity Evangelical										
Health	Lutheran Church	Free medical clinic.	2715 Iowa St	Perry	Dallas	50220	515-465-3272				
	Jasper County Free Clinic Skiff		300 N. 4th								
Health	Specialty Clinic	Thursdays 5:30-7pm. Lottery style, random picks.	Ave E	Newton	Jasper	50208	641-787-3157				
	op commy commo	The state of the	605								
	Good Samaritan		Broadway St.								
	Free Clinic First		(Enter on								
	United Methodist		South side of								
Health	Church	1st, 2nd and 3rd Thursdays 6-8pm be checked in by 7pm.	church).	Pella	Marion	50219	641-628-3493				
	Waukee Area										
	Christian Free		1155 SE								
Health		Mondays 5:30pm-8:30pm. First come first serve.	Boone Dr.	Waukee	Dallas	50263	515-987-3220				
ricaiiii	Olli lic	Worldays 6.56pm 6.56pm. That come hist serve.	Boorie Br.	VVaunce	Dallas	30203	313 307 3220				
										Mikki Stier, Sr.	
										VP of	
	Broadlawns		1801	Des				515-282-	www.broadlawns.o	Government	mstier@broadlaw
Health		Health and dental provider.	Hickman Rd.		Polk	50314	515-282-2448	8874		Relations	
ricaiiii	Wicaicai Octiloi	La Clínica de la Esperanza provides culturally competent primary and preventive health care,		IVIOITICS	1 OIK	30314	313 202 2440	0074	<u>rg</u>	relations	ns.org
		in Spanish, to uninsured and underinsured Latino children and adults in Polk County.								Cheryl	
		Services include prenatal care, women's, pediatric, and adult health care. Counseling is								Weatherington	weatheca@ihs.org
	La Clínica de la	available with a Licensed Master Social Worker, in Spanish, for patients who are identified	2679 Maury	Des				515-266-		or Karen	(or)
Health	Esperanza	with depression and/or anxiety.	St.	Moines	Polk	50317	515-244-6162	3105		Reinecke	reinecko@ihs.org
	Catholic Charities										
	St. Joseph										
	Emergency										
	Shelter (homeless shelter for			Des							
Housing	families)	Homeless shelter for families.	1535 11th St		Polk	50314	515-282-1235				
1.0000119		Central lowa Shelter and Services offers 102 emergency shelter beds fro adult men and	1000 1101 00		. 5.11		1.0 202 1200				
		women and 14 beds for a 2 year transitional program for Veterans. We have ABE/GED/ESL									
	Central Iowa	classes available at no cost to participants through a partnership with DMACC, health care									
	Shelter and	access provided by Primary Health Care, legal services, and many more services. Referred		Des				515-883-	www.centaliowash		tonytimm@qwest
Housing	Services	to health and legal services if you are a resident/guest.	205 15th St.	Moines	Polk	50309	515-284-5719	1692	elter.org	Tony Timm	office.net
	City of Des	The Des Moines Municipal Housing Authority (DMMHA) owns and manages Public Housing									
	Moines Municipal	units for eligible low- and moderate-income families and individuals. All of these rental units	100 E. Euclid	Des		50313-		515-242-			mgwilliams@dmg
Housing		are located within the city limits of Des Moines.	Suite 101	Moines	Iowa	1	515-323-8950	2844			ov.org
3			-			-		1		l	0

Housing	Southview Manor Housing for Seniors	Newly remodeled affordable housing for seniors.	2417 S.W. 9th	Des Moines	Iowa		515-323-8950	515-242- 2844			mgwilliams@dmg ov.org
Housing	Hawthorn Hill	Emergency shelter for homeless mothers w/ children and transitional housing for homeless families w/ children. New Direction Shelter Emergency Shelter 515-243-7456 or The Home Connection Transitional Housing 515-244-9748.	3001 Grand Ave	Des Moines	Polk	50312	515-244-9748 or New Direction Shelter Emergency Shelter 515-243- 7456 or The Home Connection Transitional Housing 515- 244-9748		www.hawthorn- hill.org	Tim Shauchan	tim@hawthorn- hill.org
Housing	(H.O.M.E.) Home Opportunities Made Easy, Inc.	CHSP provides information, referral and counseling on rental housing issues to persons throughout lowa. Educational sessions and workshops on rental housing rights and responsibilities, HCSS provides general information about buying a house. Property acts as developer and general contractor in the construction and rehab of homes in Polk County.	1111 9th St. Ste#210	Des Moines	Polk	50314	515-243-1277	515-280- 1129	www.homeinccds m.org	Pamela S. Carmichael (Executive Director)	staff@homeincds m.org
Housing	Iowa Homeless Youth Centers (Buchanan Transitional Living). Also Street Outreach: 701 Grand Ave Des Moines and Lighthouse Host Home: 12161 MLKJr. Pkwy Des Moines.	Two transitional living programs, one for single youth 16-21 yrs old, one for mothers and pregnant women 16-25 yrs old. Food blankets, van rides, referral services at outreach for same age groups.	1219 Buchanan St. Also Street Outreach: 701 Grand Ave Des Moines and Lighthouse Host Home: 12161 MLKJr. Pkwy Des Moines.		Polk	50316	515-265-1222	515-266- 8377	www.iowahomeles	Stephanie Ganger	ayouth@yss.ames.
Housing		The Low-Income Home Energy Assistance Program (LIHEAP) is a federally funded block grant administered by the Iowa Department of Human Rights/Division of Community Action Agencies. It is designed to help eligible low-income Iowa households in the payment of a portion of their non-business residential heating costs for the winter heating season. The state contracts with community action agencies throughout the state for local program delivery.	lowa Department of Human Rights/CAA 312 E. 12th St.	Des Moines	Polk		515-281-0859	515-242- 6119			jerry.mckim@iowa
Legal Services	Hashmi Law Firm P.L.C.	General practice, including but not limited to immigration law, criminal law, juvenile law, business law, civil law and personal injury, bilingual legal services. Services offered in Spanish, French, Hindi and Urdu.	309 Court Avenue, Suite 810	Des Moines	Polk	50309	515-699-8520	515-699- 8521	www.hashmilawfir	Ferzana Hashmi	ferzana@hashmila wfirm.com
Legal Services	La Bilingue, LLC	Tax preparation, ITIN filings, Notary, Carta(s) Poder, Interpreter/Translator, plus many misc bilingual services	1906 Ingersoll Ave	Des Moines	Polk	50309	515-988-7322		under construction	Carmen Alden (owner)	usaitaliana@aol.cc

Legal Services	Iowa Justice for Our Neighbors	Monthly legal clinic in Des Moines. Free service fro free immigration counseling and free representation in immigration court by attorneys in Iowa. Services for low income immigrants and refugees.	2718 University Ave or P.O. Box 41006	Des Moines	Polk	50311	515-255-9809	515-255- 9811	www.iowa-jfon.org	Doris Knight, Executive Director	westerniowa.jfon @yahoo.com
Legal Services	HOLA Center	Wide variety of services to low income low resource community members. (dental screenings also available)	618 E. 18th St	Des Moines	Polk	50316	515-299-4652	515-265- 8901	www.holacenter.or	-	
Legal Services	Max Schott & Associates, P.C. Law firm Jean Mauss Attorney at Law	Attorney at law, workers compensation, personal injury, social security disability.	6611 University Ave., Ste. 200	Des Moines	Polk	50311- 1655	515-277-4727 or 800-577- 7288	515-255- 3816	www.mslaw.net	Jan Mauss (Max Schott & Associates, P.C.)	Jmauss@msalaw.n et
Legal	Iowa Legal Aid (Administrative and Central Iowa Office)	Iowa Legal Aid provides free legal assistance with civil legal problems involving basic necessities for low-income individuals in all 99 lowa counties. Typical cases involve problems with fundamental rights or safety, including protecting victims of domestic violence by obtaining protective orders and assisting with many other family law issues, ensuring access to housing through assistance in eviction actions and with public housing issues, securing income support such as disability benefits, food stamps, health care, protecting clients from consumer fraud, and assisting with education issues. Iowa Legal Aid provides critical legal assistance to low-income lowans who have nowhere else to turn. This assistance ranges from providing counsel and advice to representation before various agencies and courts. Iowa Legal Aid helps clients who meet income and asset guidelines, based on the size of the household. Some Iowans in need of assistance include those who are 60 and older, may be exempt from financial guidelines. A fee is not charged for services, however, clients may need to pay court filing fees or other costs of representation. Iowa Legal Aid does community legal education presentations and has over 20 printed booklets on various legal topics. A variety of legal educational materials are also available on Iowa Legal Aid's website.		Des Moines	Polk	50314- 2757	1-800-532-1275 [para español oprima 8] 515-243-2151. One central phone system for entire state of lowa.	515-246- 6075	www.iowalegalaid.	Kelly O'Brien	kobrien@iowalaw. org
Legal Services		Filling out immigration forms, petitions, work permit renewal, citizenship, translation of forms and letters, notary services, citizenship classes.	2814 1st Ave	Perry	Dallas	50220	515-205-7891	515-465- 5995	www.newopp.org	Guadalupe Duarte	gduarte@newopp.
Legal Services	Immigrant Advocacy Center	Provide assistance to the community: filling out immigration and naturalization forms, translating forms required for the immigration process, making family petitions if they meet the requirements, notary services, citizenship classes, provide a list of immigration attorneys depending on the complexity of each case, provide immigration information, how to prepare in case of an immigration raid, know your rights, how to apply for entry to a college or university, and other community services.	2814 1st Ave	Perry	Dallas	50220	515-465-4570	515-465- 5995	www.newopp.org	Guadalupe Duarte	gduarte@newopp. org
Media/Comm unications	El Enfoque	Latino newspaper	P.O.Box 145	Perry	Dallas	50220	515-360-3985			Mario Morales	elenfoque@aol.co m
	La Ley 105.5 fm Spanish Radio	Spanish broadcast radio station. Provide radio commercial airtime for companies interested in reaching the Latino community. Our format is Mexican Regional music.	950 Office Park Rd Ste#212	West Des Moines	Polk	50265	515-278-4117	515-254- 1037		Anthony Bonanno	anthonyb@laley10 55.com

Media/Comm unications	El Latino Newspaper	Newspaper communications	3318 Cambridge St.	Des Moines	Polk	50313	515-266-3399	515-266- 5820	www.latinonewspa per.com	Jose Ramos	info@latinonewsp aper.com
Media/Comm unications	Viento del Tropico	Newspaper/Advertising	1824 NW 82nd # 29 or P.O. Box 7746 Urbandale, IA. 50323	Clive	Polk	50325	515-202-0264			Sergio Corona	s.corona@mchsi.c om or sergio.corona89@ yahoo.com
Media/Comm unications	Muñoz Productions, Inc.	Video scriptwriting, high definition video production and editing, DVD encoding and duplication, web videos production and encoding.	P.O. Box 42123	Des Moines	Polk	50323	515-251-7797		www.muñozprodu ctions.com	David Muñoz	dave@muñozprod uctions.com
Worker Services- Migrant Farm Workers	Iowa Citizens for Community Improvement	We are made up of members from all across that state who take collective action on issues important to them. We engage in community organizing methods to address the issues that are important to our members. We are black, Latino, white, urban, rural, immigrant and native-born lowan. We work with people who are most impacted to identify problems in our communities and workplaces and take action to address them. We are a vehicle for social, economic and environmental justice. Our Latino Organizing Project works on wage theft and other worker abuses, comprehensive immigration reform and other issues that impact immigrants. In addition, we offer democracy school classes for new lowan's to learn the Democratic process.	2001 Forrest Ave	Des Moines	Polk	50311	515-282-0484	515-283- 0031	www.iowacci@iow acci.org	Hugh Espey, Executive Director or Sharlin Aldao, Latino Project organizer	hugh@iowacci.org or sharlin@iowacci.or g
Youth	PACE Juvenile Center-Orchard Place	PACE provides a variety of programs to help meet youth, family and community needs. These programs include academic instruction and support, mental health and substance abuse treatment, skill building services for those with behavioral and psychological disorders, accountability and case monitoring, and information community forums. Parenting group for Spanish speakers.	620 8th St	Des Moines	Polk	50309	515-208-9203	515-697- 5701	www.orchardplace	Sonia Reyes	sreyes@orchardpl ace.org